

The Center for Caregiver Advancement is the largest provider of training for long-term care workers in California.



OUR MISSION

To build the workforce of highly trained caregivers that many Californians can't live without

OUR VISION

Highly-trained caregivers will enable seniors and people with disabilities to lead longer, happier, and healthier lives.

Trained caregivers will be respected and valued professionals who have been proven to enhance the quality of life and save money for our overburdened healthcare system.

We will champion training for all caregivers and make it universally accessible.

Our efforts will create jobs and upward mobility for the millions of people who are needed as caregivers in California.

OUR IMPACT

15,000+

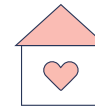
Number of nursing home workers and IHSS caregivers we have trained over the past six years

5%-12%

Improved workforce retention

(Source: CCA analysis from 2013 to present)

OUR TRAINING PROGRAMS



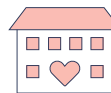
IN-HOME CAREGIVERS

IHSS+ Training

10 modules that cover: provider roles, communication, activities of daily living and body mechanics, personal care, infection control, medications, CPR/First Aid, nutrition, physical activity, home safety.

IHSS+ ADRD

10 modules on Alzheimer's and related dementia



NURSING HOME WORKERS

Skills and Basic Certifications

In-person and online CEUs, FoodHandler, CPR, and more

CNA and RNA Certification

Classes, career assessment, coaching and mentoring

Mobile and Online Learning

Basic English and Spanish, Citizenship, and more

ABOUT US

Founded in 2000 by the long-term care workers who are now members of Service Employees International Union (SEIU) Local 2015, the Center for Caregiver Advancement (CCA) provides quality educational opportunities to long-term care workers so they can build better lives for themselves and the consumers they serve.

HOME CARE PROGRAM

The Center for Caregiver Advancement (CCA) provides quality training for California's diverse In-Home Supportive Services (IHSS) workforce. Our 10-week modular training is offered in six languages and is designed specifically for adult learners with varying levels of education. The result is a training program that has been proven to improve care, reduce emergency department visits and inpatient stays, and, all the while, reducing caregiver isolation, loneliness, and depression.



We offer two types of training: **IHSS+ Home Care Integration** and **IHSS+ ADRD**

1 IHSS+ HOME CARE INTEGRATION

IHSS+ Home Care Integration is a 10-week training course that prepares students with a new set of skills and to become a recognized member of their consumer's care team.

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|---|---|
| 1. Roles and Responsibilities of the Care Provider | 6. Medication Adherence and Competency Checks |
| 2. Communication and Teamwork | 7. CPR/AED/First Aid |
| 3. Introduction to Activities of Daily Living (ADLs) and Body Mechanics | 8. Nutrition, Diet and Physical Activity |
| 4. Personal Care | 9. Introduction to Vitals and Home Safety |
| 5. Infection Control and Standard Precautions | 10. Health Plan Model |

This program is currently offered in partnership with L.A. Care.

2 IHSS+ ADRD

IHSS+ ADRD is a 10-week training program that teaches caregivers practical skills to help them care for seniors experiencing symptoms of Alzheimer's disease and related dementia.

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|---|--|
| 1. Roles and Responsibilities of the Care Provider | 6. Assisting with Personal Hygiene |
| 2. Communication and Teamwork | 7. Adult CPR/AED |
| 3. Recognizing Alzheimer's and Dementia | 8. Nutrition and Physical Activity |
| 4. Common Behaviors and Sundowning | 9. Medications, Urgent Care vs. Emergency Room |
| 5. Sleep Changes, Hallucinations, Personal and Home Safety, and Wandering | 10. Reducing Caregiver Stress, Competency Checks |

This program is currently offered in partnership with the California Department of Public Health (CDPH), UC San Francisco, and the Alameda Alliance for Health.

Each module incorporates **evidence-based practices for effective adult learning** including think-pair-share, scaffolding, role plays, facilitated reflection, small presentations of content followed by practice activities, and hands-on practice itself.

Classes are offered in the languages our students speak and the consumers they care for speak: Spanish, English, Mandarin, Cantonese, Korean, and Armenian.

Emphasis is on five specific roles that home care workers play:

- Monitor
- Communicator
- Coach
- Navigator
- Care Aide

NURSING HOME PROGRAM

The Education Fund was formed in 2009 as a joint labor management partnership between SEIU Local 2015 and skilled nursing facility (SNF) employers to provide training opportunities for qualifying SNF workers. The Education Fund offers a range of education services and opportunities to its bargaining unit members. In all cases, educational offerings and support services are designed to meet the employment and training needs of facilities and of workers across a range of educational levels and career paths.



We train nursing home workers who are part of the bargaining unit of their collective bargaining agreement with SEIU Local 2015.

SKILLS & BASIC CERTIFICATIONS

We help workers maintain basic certifications and improve their skills.

- Online and live, instructor-led CEUs on topics such as Dementia Care, Cultural Diversity, Customer Care, LGBTQ, and Sexual Harassment
- Food handler
- CPR
- Housekeepers: Infection Control and Prevention
- Digital Literacy/Computer Classes

CNA & RNA CLASSES

We offer Restorative Nursing Assistant (RNA) and Certified Nursing Assistant (CNA) certifications. As part of their training, students get access to:

- Career assessment
- Coaching
- Mentorship

CNA APPRENTICESHIP

We provide career pathways and advancement for nursing home workers.

- Apprentices get paid for training hours as they train to become CNAs.
- They work as nursing aides, then promoted to CNA after they pass the state exam.
- They receive a certificate of apprenticeship from U.S. Department of Labor.

MOBILE & ONLINE LEARNING

We offer opportunities to study at home or on the go.

- Basic English and Spanish
- Training videos on Alzheimer's caregiver skills
- Preparation for citizenship exam
- Phone-based courses

SUPPORT SERVICES

We help ease the workload of facility administrators and supervisors.

- Recruitment
- Counseling and case management
- Screening and placement in courses
- Enrollment
- Remediation
- Retention and course completion
- Referral
- Annual resource membership for activity assistants