Scaling Quality Training

American Society on Aging Conference

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The In-Home Caregiver



California

725,000 in-home support services (IHSS) caregivers in the U.S.

Direct care workers in California are:

90% 73% 50%

Women

POC

Immigrants



The CCA Caregiver



99% Female



92% Ethnic Minority



62% Age 45+

Based on the nearly 5,000 caregivers that the Center for Caregiver Advancement trained in 2023.



CBS Affiliate, KCAL-TV, Los Angeles

Vision: Build the Workforce of Highly Trained Caregivers that Many Californians Can't Live Without





Aligned with **State Master Plan for Aging**: Caregiving that works



Our Pillars

consumer directed model of care

economic enhancements

adult learner centered curriculum

delivery in multiple languages

> Program Development

- Identify the learning goals
- Understand the learners and their needs
- Organize the course into clear modules or topics
- Develop content (slides, activities, videos, etc.)
- Create assessments or practice tasks
- Regularly review with experts and revise as needed
- Finalize and prepare for delivery



> Career Pathways Program (CPP)





Basic Health
And Safety



2 Emergency Preparedness



3 Alzheimer's & Related Dementia



4 Autism



Diabetic Care & Nutrition



6 Heart Disease & Care



Traumatic Brain Injury

> Delivery

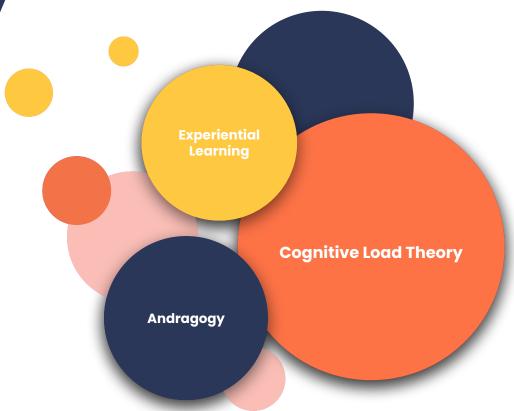


English, Spanish, Korean, Armenian, Mandarin, Cantonese, Russian, and Vietnamese

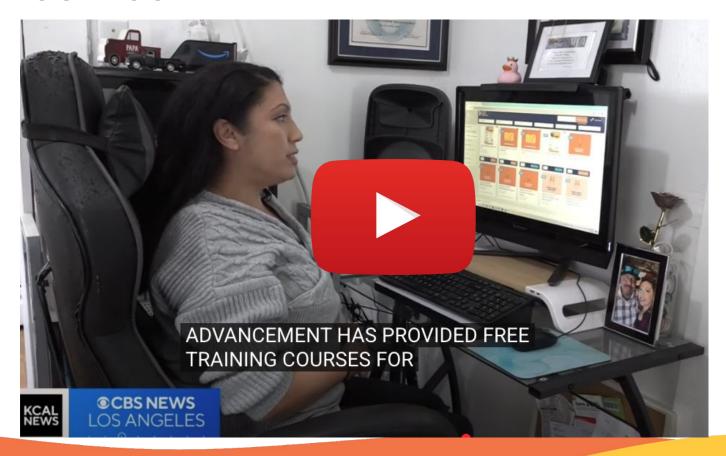


Virtual learning via Zoom and learning management system

> Theory



> Outcomes



> Outcomes



I appreciated the hands-on tips from others in the course, such as redirecting an Alzheimer's person who can't remember things and keeps repeating themselves. Instead of trying to explain things to them, just redirect them. That is a very helpful tip! I can't think of another place where I'd get hands-on examples like that."

Martha N., CCA-trained caregiver (ADRD Course)

The CCA caregiver training offers a variety of tips that I use on the job. I also found support and made amazing connections with other caregivers."

 Gabriel Peinado, CCA-trained caregiver (Caregiver Essentials Course)



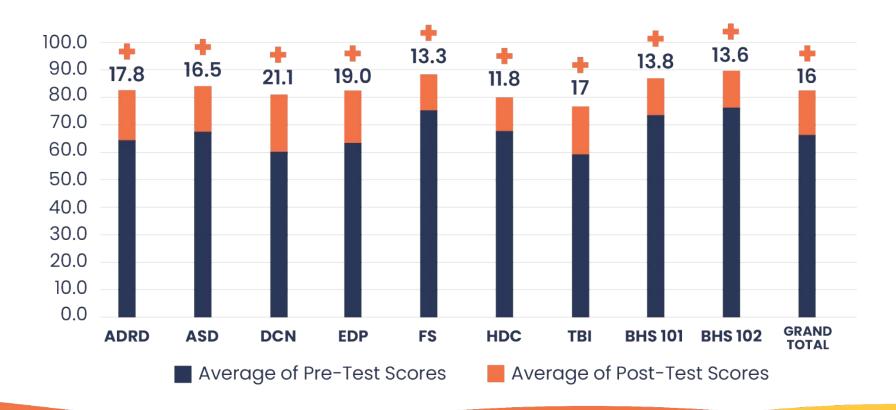
> Graduates!



Building a Workforce of Highly Trained Caregivers that Many Californians Can't Live Without

Course	Graduates
Alzheimer's & Related Dementias	4,237
Autism Spectrum Disorder	4,496
Basic Health & Safety 101	4,290
Basic Health & Safety 102	4,308
Diabetic Care & Nutrition	4,374
Emergency & Disaster Readiness	3,479
Heart Disease & Care	4,271
Traumatic Brain Injury	4,186

> Knowledge Gains Across ALL Courses



Classes by Language



English

37% English

Español 28% Spanish

한국어 7% Korean

廣東話 7% Cantonese

華語 7% Mandarin hwj 6% Armenian

русский 4% Russian

tiếng việt 4% Vietnamese

> The Road Ahead



THANK YOU!

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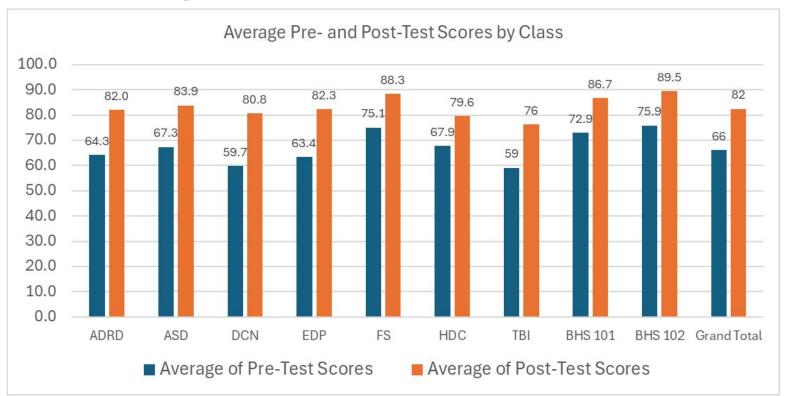
> APPENDIX

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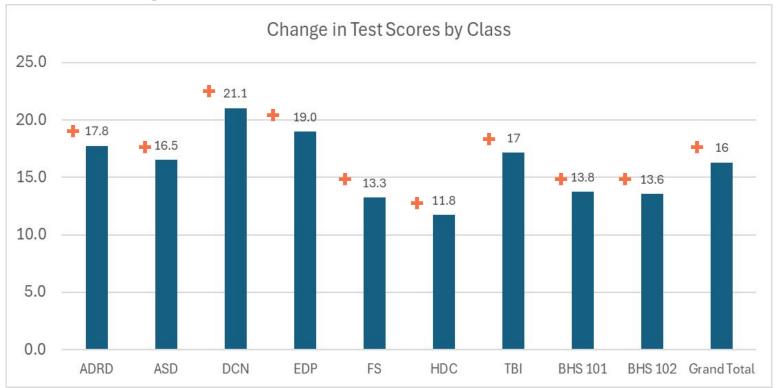


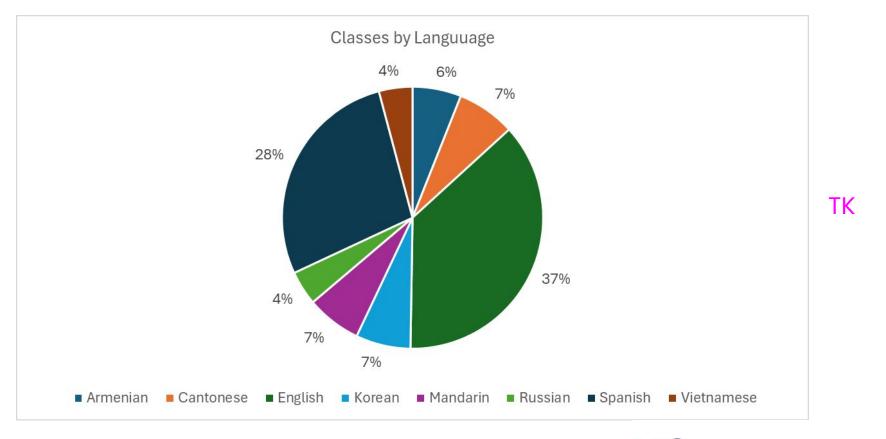
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> Knowledge Gains Across ALL Courses



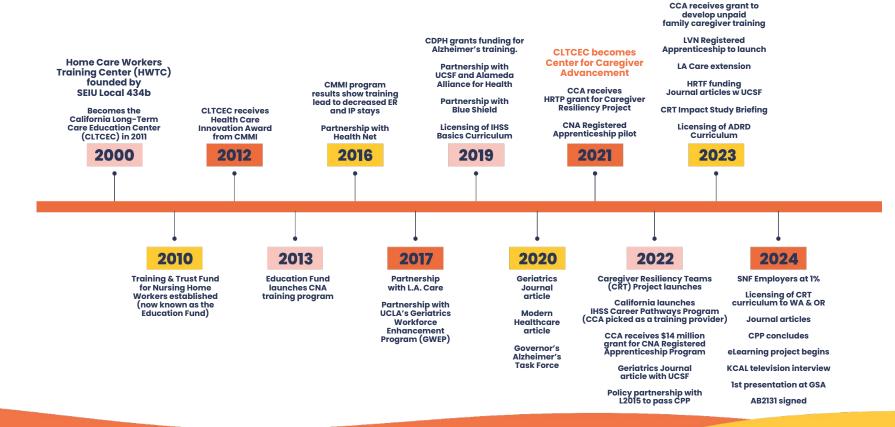
> Knowledge Gains Across ALL Courses







> 25 YEARS: A TIMELINE



CCA's Career Pathways Program begins

CCA receives \$10
million grant for IHSS
San Bernardino and
randomized control trial

> The Career Pathways Program (CPP)

Courses

- 1. Basic Health & Safety (101 & 102)
- 2. Alzheimer's & Related Dementias
- 3. Emergency & Disaster Readiness
- 4. Autism
- 5. Diabetic Care & Nutrition
- 6. Traumatic Brain Injury
- 7. Heart Disease & Care

